



Where I'm From

Opportunities and Solutions for Public Health and Global Transformation

Emma Rawson-Te Patu, President Elect WFPHA


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Me, myself and Au



- Ko wai au? Who am I?
 - Emma Waimarie Rawson-Te Patu
 - Tribal groups of Ngāti Ranginui, Ngai te Rangi, Raukawa me Ngāti Haua
 - Tauranga Moana and Waikato Tainui
 - Scottish, Irish and French
 - *Disclaimer - Emotional and Intellectual Indigestion*
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With Sparkles in my eyes I have a duty to thrive and walk a path that sustains all our futures...

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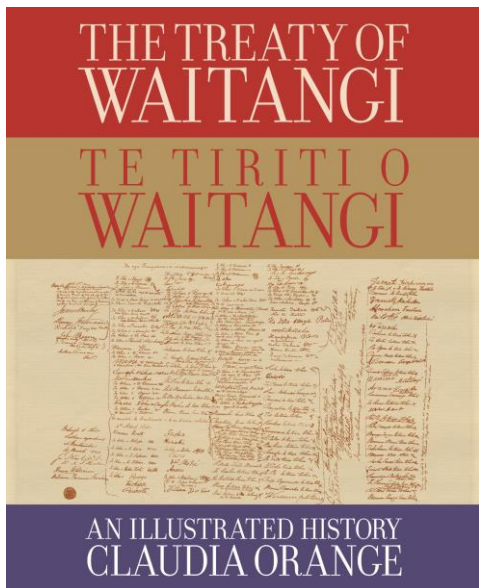
Aotearoa - New Zealand

- Red dot - Tāmaki Makaurau - Auckland
- Yellow Area - Waikato/Tainui Confederation and Tauranga Moana
- Orange Area - Ngā Pākihi Whakatekaeka o Waitaha and Te Pātaka o Rakaihautu - the Canterbury Plains and Banks Peninsula

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Institutional racism as a determinant of Health

- Uneven distribution of resources that benefits one group over another
- Inaction in the face of need - TRC
- Deleterious Psychosocial behaviour
- Lack of choices in healthcare and more
- Institutions/ systems are made up of people who perpetuate the problem

What can we do?

• WFPHA GOALS

1. Advocate for peace, sustainable health equity and global policies to improve the health of populations and the planet.

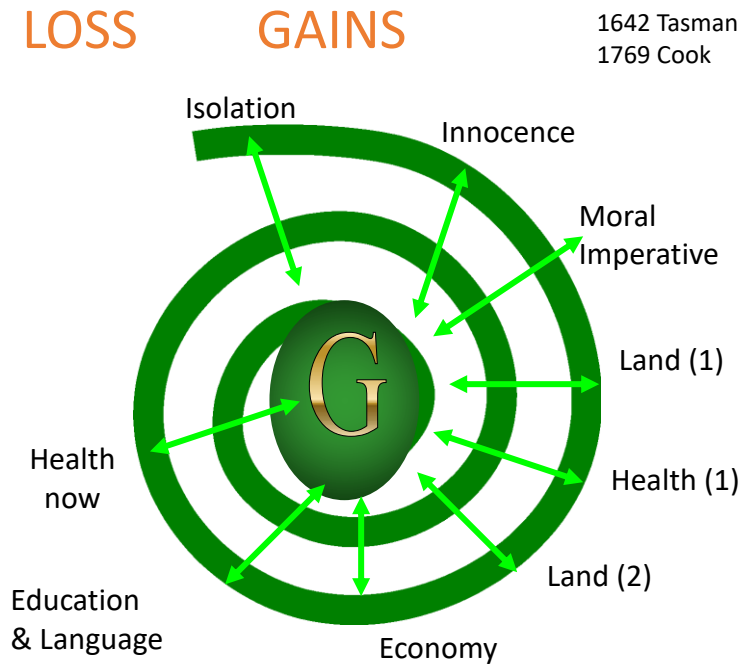
2. Contribute to promoting system change and decolonising public health.



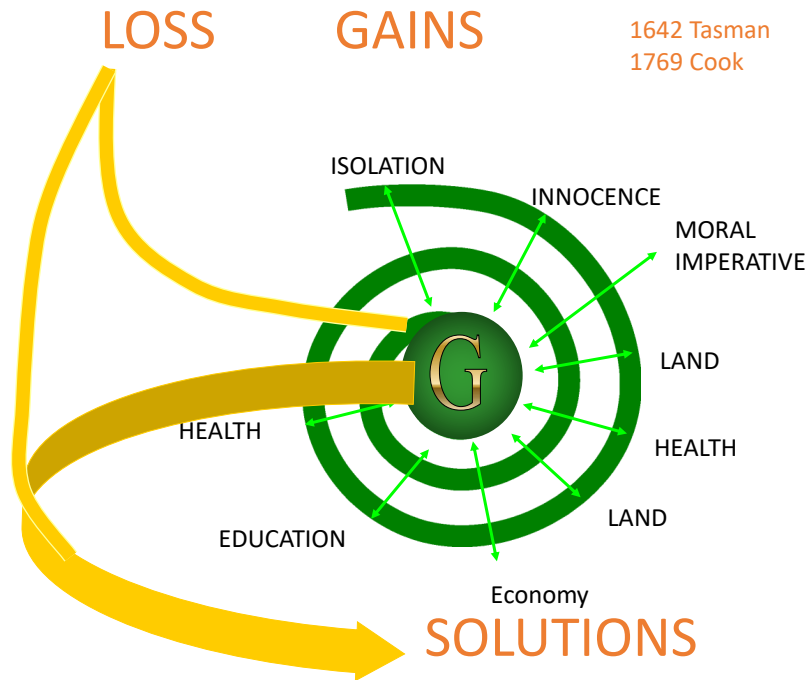
BE A GOOD HUMAN!!



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Snapshot Statistics

- Cardiovascular disease is the biggest killer of New Zealanders - Māori are 3 times more likely to die of cardiovascular disease and all forms of cancer (except skin cancer)
- Māori are 3 times more likely to die of type 2 diabetes and related illnesses
- Māori have disproportionate rates of people on dialysis - renal failure
- Ultimately Māori continue to live shorter sicker lives than the rest of our communities - Carry an unfair burden of disease
- Highest rates of completed suicide - Men and Youth
- High rates of Family Violence
- The story is not unique - Global

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Social Determinants of Health - Institutional Racism

- Māori have lowest rates of educational achievement
- Māori have highest rates of poverty and deprivation
- Māori have highest rates of incarceration (51% of those in jail in our nation come from 17% of the population)
- Māori are less likely to live in warm dry homes - high rates of rheumatic heart disease, asthma and asthma related deaths
- Lack of access to health services
- Less likely to be culturally connected and speak our native language

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The obstacles

What obstacles ?

- Fear of loss by Non-Indigenous in favour of 'unfair' Indigenous gain.
- Fear of being made responsible for historical injustice.
- Fear of offending.
- Fear of bursting the bubble of multi racial harmony.
- Fear of being labelled a PC liberal.

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The Challenge... The Cause of the Cause of the Cause - Michael Marmot

What is the challenge ?

- To understand disparities in health
- To allow disparities to inform determinants of health
- To give confidence to be authentically responsive to the needs of the most disadvantaged.
- To become more historically literate.
- To correct some of the myths we learn at school.
- To introduce History in a way that reinforces the good grace and generosity of Indigenous nations
- Lots of more important things getting in the way

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Be the best **You** can
be

- Make space at the table
- Focus on relationships
- Time - How much ? Wā
- Generosity
- Authenticity
- Commit to action
- Understand True Partnership – Share Power – Release Ego
- Historical Literacy + Bravery

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Political Determinants of Health - 2016 turning point for Aotearoa

- The Jacinda effect
- Co-Governance becomes a reality - te Tiriti partnership
- From MOH to Te Whatu Ora - Te Aka Whai Ora
- From Mainstream to Tiriti Aligned Health - Education and Corporates investing
- NZ Human Rights Commission TBO Journey
- NZ Human Rights Survey



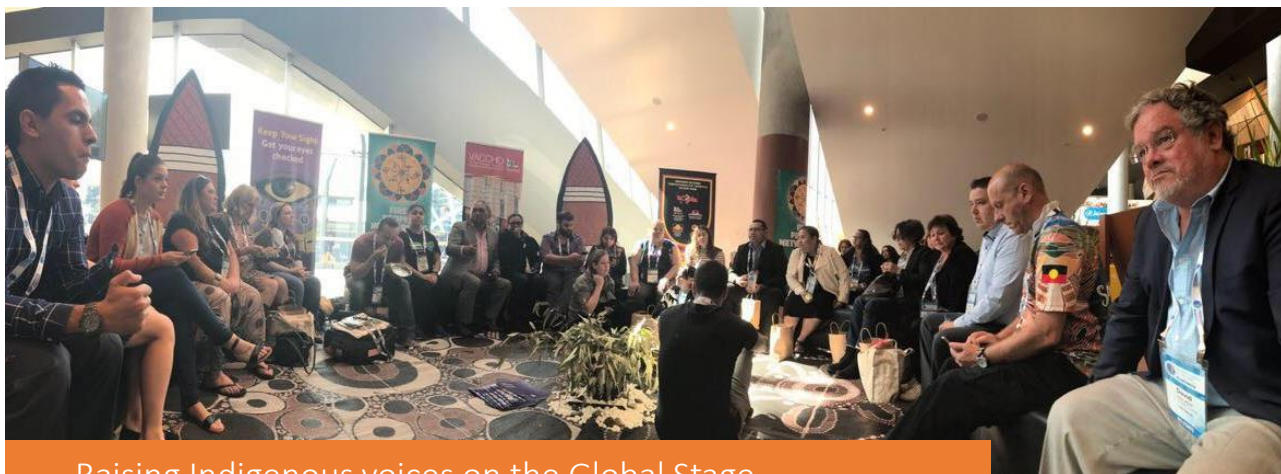
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Political Determinants of Health - 2016 turning point for Aotearoa

- The Jacinda effect - Political Permission to engage
- Co-Governance becomes a reality - te Tiriti partnership
- From MOH to Te Whatu Ora - Te Aka Whai Ora
- From Mainstream to Tiriti Aligned
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- NZ National Human Rights Survey

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Raising Indigenous voices on the Global Stage

- Yarning Circle of Indigenous Public health delegates at the World Congress on Public Health in Melbourne, Australia – The mandate for the Indigenous Working Group was given here.

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*“Mō tātou, ā, mō kā uri, a
muri ake nei”
“For us, and for our children
after us.”*

*Kai Tahu tribal whakataukii
(Proverb)*

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More info...

*WFPHA
World Congress on
Public Health 2028*

*Auckland
New Zealand
Haere Mai!*

- <https://www.wfpha.org/>
 - <https://www.futureofhealth.govt.nz/health-nz/>
 - <https://www.futureofhealth.govt.nz/maori-health-authority/>
 - <https://aotearoabooks.co.nz/he-kupu-taurangi-treaty-settlements-and-the-future-of-aotearoa/>
 - <https://nwwhangarei.wordpress.com/ngapuhi-speaks/>
- Indigenous Working Group of the WFPHA : contact co-Chairs Adrian Te Patu adriantepatu@gmail.com or Dr Summer May Finlay summermayfinlay@gmail.com
<https://www.linkedin.com/company/96926232/admin/feed/posts/>

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