

# Active Local Communities

Tønsberg 25.10 2024

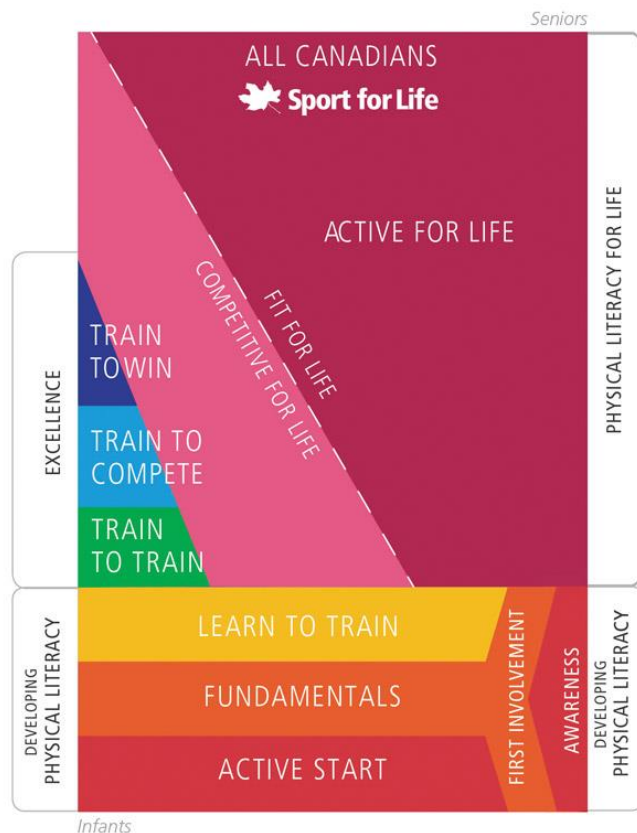


# Active Local Communities



- "Active Local Communities is our term for local communities where **the sports club** has taken an expanded responsibility for strengthening **the sense of belonging, community and activity level** among the residents."

# We have been inspired by the Canadian sports model and physical literacy



## Physical literacy

is the...



**Sport for Life**

...to be

**active for life**



# Sport for Life

The aim was to create partnerships between the sport, education, recreation, and health sectors while aligning community, provincial, and national programming.

# Our model for lifelong enjoyment of sports and activity



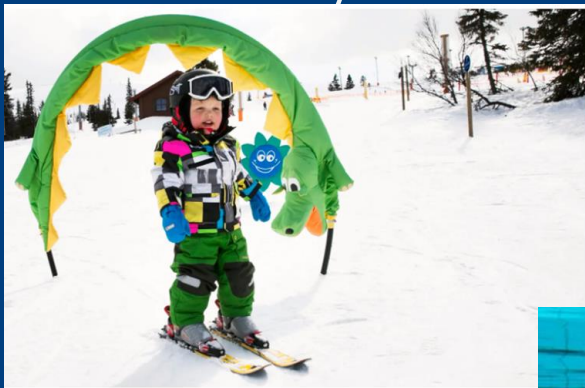


# Vision:

Joy of sports and  
activities for everyone  
in Viken!



The question is how we get more people into this spiral of mastery and build an Active Identity



## Physical literacy

is the...



...to be

**active for life**





# VI BRYR OSS OG VIL BEVEGE

# Drammens Tidende

TIRSDAG 2. september 2014 • Uke 36 • Nr 201 FLERE NYHETER PÅ DT.NO Løssalg kr. 30. TIPS: 03232

## VIL RIVE KINGS ARMS

Nye eiere vil rive bygget som inneholder Kings Arms og Felleni.

SIDE 8



## UNDERSKUDD FOR FESTIVAL

Fredagens konserter regnet bort under Elvefestivalen.

SIDE 16



## MIF KLARTE UAVGJORT

Mjønsalen klarte 1-1 mot Ranheim i en vanskelig bortekamp i går.

SIDE 30 OG 31



## Masud Gharahkhani fysisk

En drammens Gharahkhani f

ENDELIG Det går mot bygd  
FREDERIK RINGNES)

## Full jobb

– Nå kan det bli  
skole Hans Eina



● Drammen første storby i landet:

# Innfører daglig fysisk aktivitet

MORO MED MATTE: Tanja Basit Ahmed løper med baller i matteimen. Fysisk aktivitet kombinert med læring kommer nå i alle skolene i byen.

FOTO: ØRRE IVAR LIE

**60 MINUTTER HVER DAG:** Drammen er den aller første storbyen i landet som vil innføre 60 minutter fysisk aktivitet i skolene hver dag. I Sylling har de holdt på ett år og erfarer at elevene er blitt roligere og i bedre fysisk form.

SIDE 4 OG 5 OG LEDER SIDE 2

dt TV



ter  
ag

6 grunnskole-elever

ti





## The first cooperation agreements were signed at a boat conference

Leaders from the schools and sports clubs  
found the most important common  
denominators:

Together for children and young people's safe  
and active upbringing!





# «The Konnerud model»



- Four pupils from the lower secondary are responsible for activating the pupils in the primary school
- Half day each, 8th and 9th grade.
- The whole school in one day, all grades
- Large groups – always outside
- Training and feedback from the sports club's activity coordinator

The instructors' knowledge and commitment are key







## DBK

- from kindergarden to e-sport and 60+





# Intrinsic value vs. Utility

*- different mindsets*





**We believe that we can have a more active Norway through stronger cooperation between the school system and the local sports clubs.**

